

Company Profile



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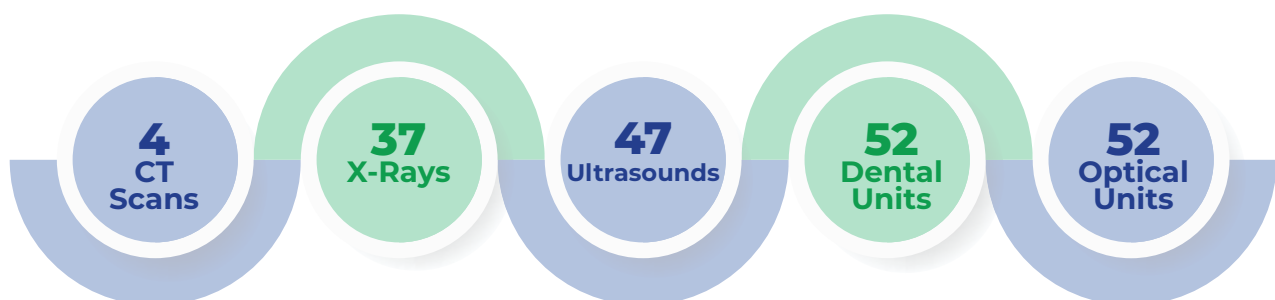
Our Story

Bliss Healthcare is a leading integrated healthcare network in Kenya providing complete outpatient services. We take pride in providing efficient, accessible, quality and affordable healthcare services, across 37 counties in Kenya's Urban and Rural Communities.

Bliss Healthcare began its journey with an aim of providing patient satisfaction and a goal of saving and enriching lives. We work to improve access, efficiency, flexibility and accountability in healthcare. It has developed bespoke models of healthcare that meet health-related needs of the diverse population we serve. Over time, the immense public approval of services offered by our employees has led to our robust growth.

Incorporated in 2012, with just a few Medical Centres, Bliss Healthcare has grown to a network of 62+ outpatient Medical Centres (inclusive of 11 centres from Medicross, our service partner). This makes it the largest and fastest growing network of healthcare Medical Centres in the region. Our network of Medical Centres provides services including Doctor Consultation, Laboratory, Radiology, Optical, Dental care, Pharmacy and Specialist Clinics all under one roof. The services are all designed to improve on prevention of disease, early detection or testing and primary care treatment.

Bliss has over 1,100 healthcare professionals working throughout the Medical Centres and serve more than 85,000 patients per month. With an unmatched array of resources including **4 CT scans, 37 X-Rays, 47 Ultrasounds, 52 Dental Units** and **52 Optical Units**, we are well positioned to provide compassionate, state of the art care.





Core Values

H

Honesty - Always demonstrate integrity by being honest and doing the right thing

E

Excellence - Be committed to deliver compassionate care and patient delight

A

Accountability - Take responsibility for all our actions

R

Respect - We embrace and respect diversity of our patients, employees and communities

T

Teamwork - We achieve quality through teamwork and encourage collaboration

Corporate Philosophies:

Mission - To provide affordable and quality healthcare and medical services that are accessible to all.

Vision - To be the preferred choice of healthcare and medical service provision by saving and enriching lives.

Our Services

Doctor Consultation

Every person should have a primary care provider, someone who knows not only your medical history, but your personality, beliefs and preferences, as well as your entire family. At Bliss Healthcare, we know that there are many factors that influence someone's health. Our doctors, physicians and specialists are all board-certified and they understand the dynamics that exist in healthcare. We provide a wide range of services from routine health examinations to managing chronic conditions through our Chronic Disease Management Program.

We promote good health through preventative care, disease detection and health awareness programs. All medical protocols and guidelines are continuously monitored by our Clinical Quality Team.

If you should need a specialist, we coordinate your care with our well trained experts.

Our Specialty Clinics include:

- Chronic Disease Management
- Daycare Surgery
- Dental Care
- ENT Specialists
- Family Physicians Clinics
- Nutritionist & Dietician
- Obstetrics and Gynaecology
- Orthopedics
- Paediatrician
- Physiotherapy
- Telemedicine
- Clinical Psychologist



Diagnostic Laboratory

We have a network of 65 laboratories making us the largest network of laboratories in Kenya. Each lab is staffed with licensed medical technologists and phlebotomists who provide quick and accurate test results.

We use state-of-the-art equipment and perform daily control testing to ensure accuracy. We observe international standards of quality, safety checks and protocols which ensure quality management and quality control assurance.

Some of the services we provide include:

- Biochemistry
- Hematology
- Immunoassays
- Microbiology

Radiology

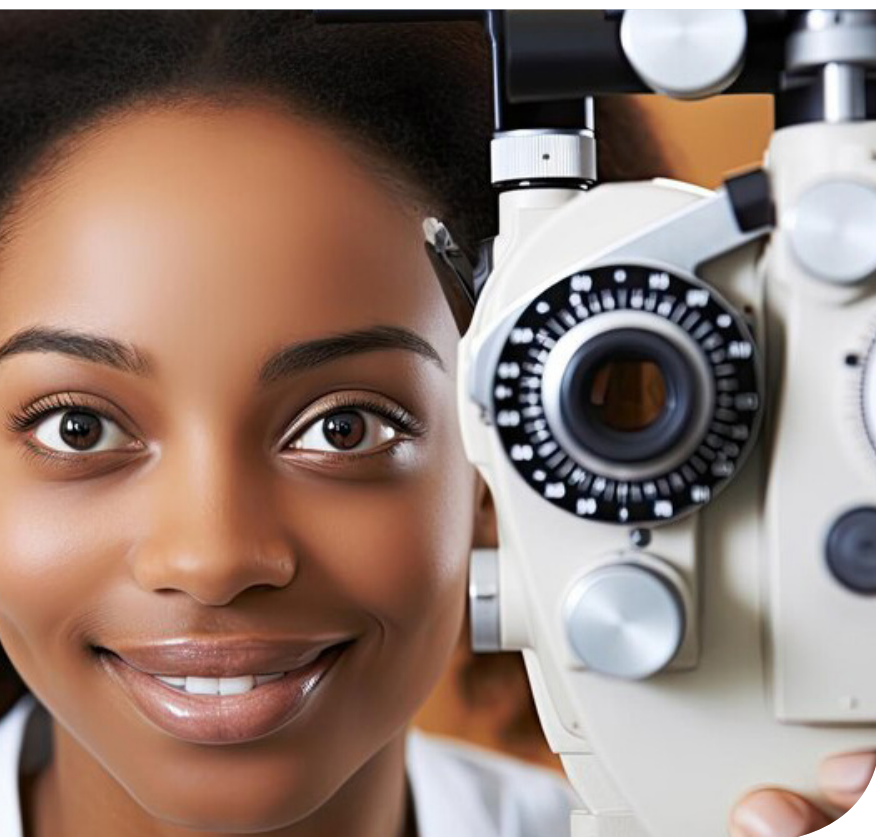
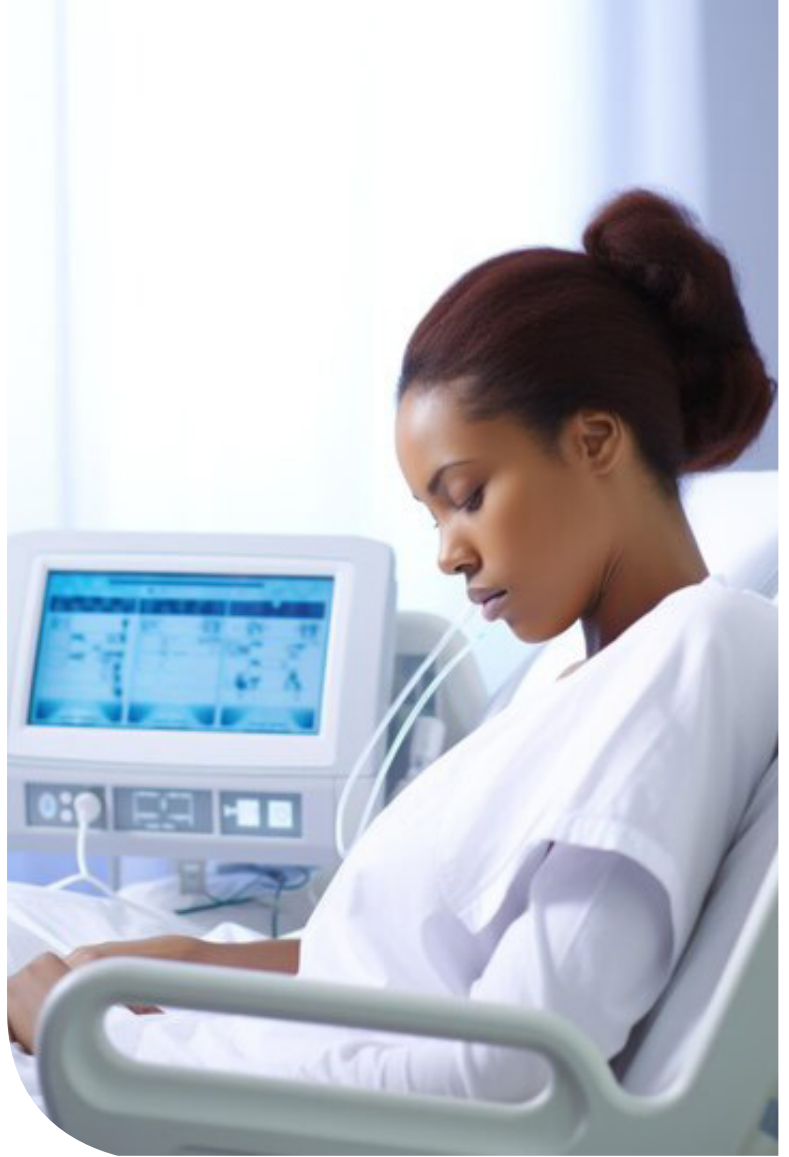
For your physician to make the best diagnosis and recommend your best course of treatment, he or she needs to count on having the latest diagnostic tools available especially sophisticated imaging that reveals potential problems.

Bliss Healthcare has 4 CT scans, 37 X-Rays, 47 Ultrasounds as part of the radiology equipment.

Our board-certified radiographers and radiologists provide advanced diagnostic imaging services which help your physician to make the best medical diagnosis.

Our Radiology services include;

- CT Scan
- Digital X-Ray
- ECG
- Ultrasound



Optical

With a focus on providing eye care treatment with the latest medical equipment and facilities, we are the best choice when it comes to eye care. We offer the latest optometry services including a wide variety of spectacle designs and ocular conditions on primary eye care in 52 of our Medical Centres.

Our Optical services include;

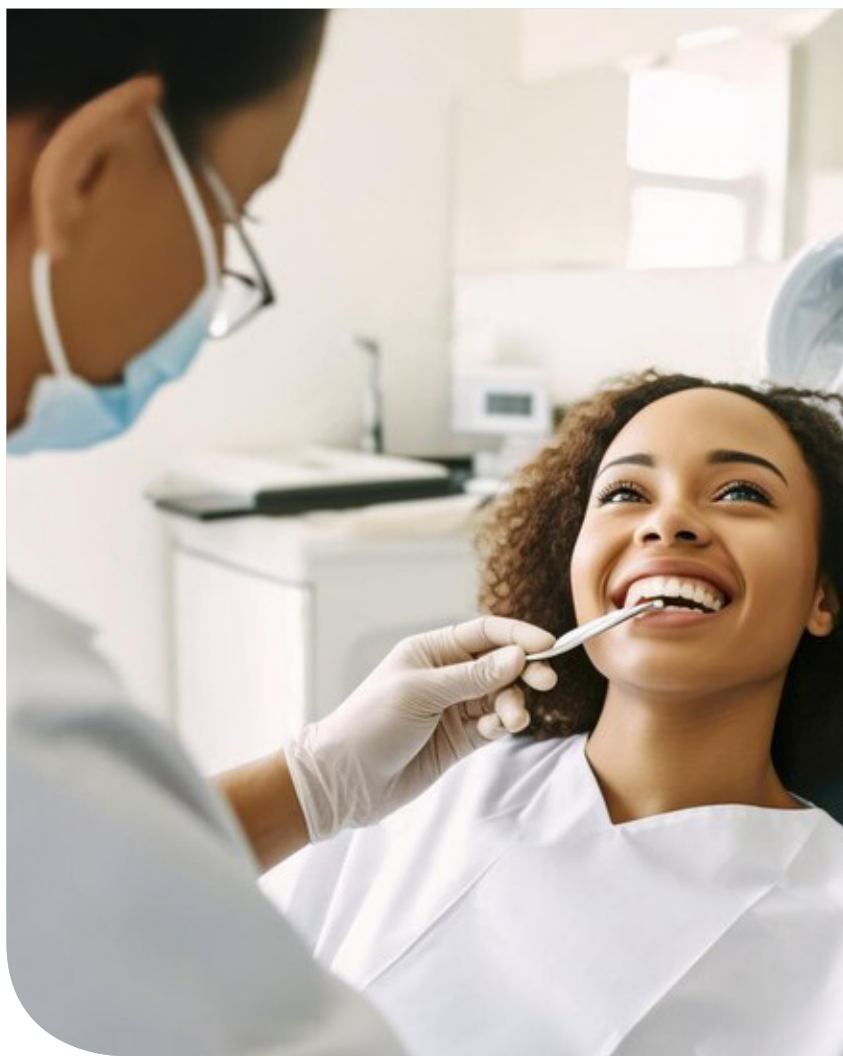
- Computerized eye checkup
- Color Vision (Color Blindness Test)
- Designer frames
- Imported frames and lenses
- Photochromic Lenses
- Retinoscopy

Dental Care

We take pride in providing the best and affordable dental care to children and adults. Our state-of-the-art dental care centres enable us to perform the most advanced dental procedures. Our team of experienced dentists and orthodontists in 51 of our Medical Centres work diligently to ensure that we bring healthy smiles to your face. After all, a healthy smile needs good dental care.

Our Dental Services

- Cosmetic Dentistry
- Dental X-ray
- Dental Fillings
- Dental Implants
- Braces
- Paediatric Dentistry
- Root Canal Treatment
- Removable Braces
- Tooth Cleaning
- Tooth Extraction



Telemedicine Services

Our existing Telemedicine services encompass a range of innovative healthcare solutions, aligning with the evolving needs of our patients and the advancements in technology. We currently provide the following services:

1. mHealth Services:

- Our mHealth services focus on leveraging mobile technologies to enhance patient engagement, health monitoring, and communication. This includes mobile applications that facilitate appointment scheduling, medication reminders, and access to general health information.

2. e-Health Services:

- Our e-Health services are designed to streamline healthcare processes, such as electronic health record (EHR) management, digital prescriptions, and secure online communication between healthcare providers and patients. This ensures efficient and secure information exchange.

3. Telemedicine for Chronic Care Management:

- Our primary focus within the Telemedicine domain is the management of chronic conditions. Through virtual consultations, remote monitoring, and personalized care plans, we aim to improve the quality of life for patients dealing with chronic illnesses. This includes regular follow-ups, medication adjustments, and lifestyle counseling.

Our Telemedicine program adheres to the highest standards of patient privacy, data security, and medical ethics. We have implemented robust cybersecurity measures and ensure that all virtual interactions comply with relevant healthcare regulations.



Pharmacy

We have a wide spread network of pharmacies in all our 62+ Medical Centres spread across Kenya, supported by highly trained pharmacists and clinicians who ensure the delivery of pharmaceutical care for all our patients.

Our Pharmacies are capable of dispensing a wide range of drugs from different brands to cater to the needs of all the patients, at affordable prices. We adhere to the regulations set by the Government of Kenya and all our pharmaceutical products are duly licensed and approved for usage in Kenya.



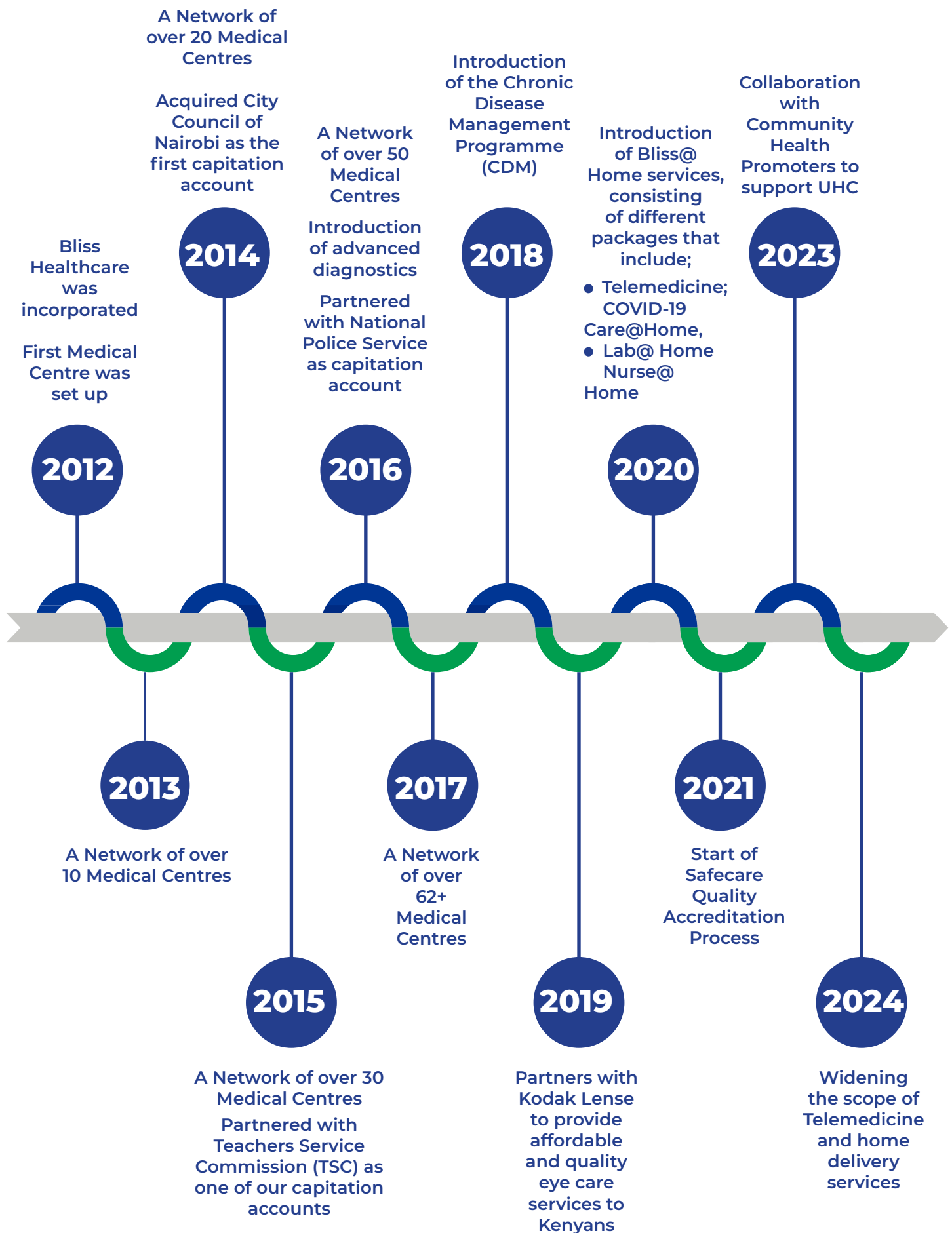
Giving Back to the Community

Bliss Healthcare is well aware that without the communities it serves, it would not exist. The institution has a very robust CSR programme that has seen it annually conduct:

- Free medical camps
- Free tests at its various medical centres including free BP, BMI, Random Blood Sugars, Optical and Dental Checks
- Visits and donations to children's homes, schools and farming communities
- Free health talks at various companies to educate staff on health issues
- Support the community health promoters to ensure preventive care



Our Journey



List of Medical Centres








	Location	County	Physical Address	Contact	Working Hours
1	Buruburu	Nairobi	ACK Saint James Church, Buru Buru	0786 412 302	Monday - Sunday : 8am - 8pm
2	Busia	Busia	Opposite, Busia Police Station main highway and Behind Family Bank, Busia	0780 622 634	Monday - Sunday: 9am - 7pm
3	College House	Nairobi	College House, Koinange Street	0780 622 572	Monday - Saturday: 9am - 6pm
4	Diani	Kwale	Elephant Plaza, Diani Road	0780 100 932	Monday - Saturday: 9am - 6pm
5	Eldama Ravine	Baringo	Karen Roses Building, Eldama Ravine Town	0780 622 639	Monday - Saturday: 9am - 6pm
6	Eldoret A	Uasin Gishu	Eldoret Town along Uganda Road, next to Highland Mall	0786 412 307	Monday - Saturday: 9am - 6pm
7	Eldoret Zion Mall	Uasin Gishu	Zion Mall, Opposite Bargetuny Plaza	0780 100 071	Monday - Sunday: 9am to 6pm
8	Emali	Makueni	Eden Mall, Off Nairobi-Mombasa Highway	0780 622 145	Monday - Saturday: 8am - 8pm
9	Embakasi	Nairobi	Wanandeg Plaza, Embakasi	0786 412 308	Monday - Saturday: 8am - 8pm, Sundays: 9am to 6pm
10	Embu	Embu	Tujenge Plaza, Embu Town	0780 100 074	Monday - Friday: 8am - 8pm Saturday & Sunday: 9am - 6pm
11	Githurai	Nairobi	Dykan College Building, Kahawa Wendani	0780 622 597	Monday - Saturday: 9am - 6pm
12	Haile Selassie	Nairobi	Along Haile Selasie Road, next to Barclays Bank, Behind Nakumatt Haile Sellasie	0786 412 310	Monday - Saturday: 9am - 6pm
13	Homabay	Homabay	Next to Mwalimu National Sacco, Rongo- Homa Bay Road (Main highway), Homa Bay Town	0780 425 865	Monday - Saturday: 9am - 6pm
14	Iten	Elgeyo Marakwet	Mango House Iten Next to Equity Bank	0780 622 637	Monday - Saturday: 9am - 6pm
15	Kabarnet	Baringo	Baringo Leibatai Building 1st Floor, Kabarnet next to NHIF Office	0780 442 912	Monday - Saturday: 9am - 6pm
16	Kakamega	Kakamega	Tusky's Building, Kakamega Town	0780 622 537	Monday - Sunday: 9am - 6pm
17	Kakuma	Turkana	Next to Taamland Petrol Station	0780 100 157	Monday - Saturday: 9am - 6pm
18	Kapenguria	West pokot	Suntec Building, Makutano Street - Makutano Town	0780 622 617	Monday - Sunday: 9am - 6pm
19	Kapsabet	Nandi	Safari Hotel Building, Kapsabet Town	0780 100 912	Monday - Sunday: 8am - 8pm
20	Kericho	Kericho	Greenspan Square Mall on Nakuru-Bomet Road	0780 100 929	Monday - Friday: 8am - 8pm Saturday & Sunday: 9am - 6pm
21	Kerugoya	Kirinyaga	Professional Plaza, Kerugoya Town	0780 100 926	Monday - Saturday: 9am - 6pm
22	Kiambu	Kiambu	Ground Floor Telkom Building, Opp Kiambu Level 4 Hospital	0780 328 415	Monday - Saturday: 9am - 6pm
23	Kimilili	Bungoma	Kingsize Building, Kamukuywa Road - Kimilili Town	0780 622 131	Monday - Sunday: 9am - 6pm
24	Kisii 1	Kisii	Opp Cooperative Bank, Kisii Town	0780 622 536	Monday - Sunday: 8am - 7pm
25	Kisii 2	Kisii	Opp to Main Stage, Formerly Uchumi Supermarket, Kisii	0780 425 862	Monday - Saturday: 9am - 6pm
26	Kisumu 1	Kisumu	Almiran Plaza	0786 412 426	Open 24hrs
27	Kisumu 2	Kisumu	Nakumatt Mega Mall	0780 622 615	Monday - Saturday: 8am - 8pm
28	Kitale	Trans Nzoia	Mega Centre - Kitale Town	0780 622 129	Monday - Friday, 8am - 6pm, Saturday - Sunday, 9am-6pm
29	Kitui	Kitui	Opp Jubilee College, Kilungya Road- Kitui Town	0780 100 931	Monday - Saturday: 8am - 7pm
30	Machakos	Machakos	Mutungoni Plaza, Opp Mosque	0780 100 915	Monday - Saturday: 8am - 8pm
31	Maralal	Samburu	Maralal Town, Star Building, Opp Kenya Power	0780 442 960	Monday - Saturday: 9am - 6pm
32	Maua	Meru	Jamii Sacco Building (formerly MMH Sacco)	0780 442 945	Monday - Saturday: 9am - 6pm
33	Mbale	Vihiga	Former Marie Stopes Building, Mbale Town	0780 100 106	Monday - Saturday: 9am - 6pm
34	MFI	Nairobi	Along Mombasa Road, MFI ground floor	0786 412 403	Monday - Friday: 8am - 5pm, Saturday 9am-1pm
35	Mombasa Kizingo	Mombasa	Timami Advocates Building, Hatimi Taliani Road	0780 100 095	Monday - Sunday: 8am - 7pm
36	Mtwapa	Kilifi	Creek Building, Mtwapa Town	0780 100 104	Monday - Saturday: 9am - 6pm
37	Murang'a	Murang'a	Junction Flats, behind Murang'a Law Courts	0780 100 923	Open 24hrs
38	Naivasha	Nakuru	Maryland Building, Mbarikanui Road, next to Kenya Power Office	0780 100 036	Monday - Saturday: 9am - 6pm
39	Nanyuki	Laikipia	Professional Building, Nanyuki Town	0780 100 072	Monday - Friday: 8am - 8pm, Saturday & Sunday: 9am - 6pm
40	Nyamira	Nyamira	Ground Floor, Old Family Bank Building, Florida Road, Nyamira Town	0780 328 402	Monday - Saturday: 9am - 6pm
41	Nyeri 1	Nyeri	Jenkim Plaza, Nyeri Town	0780 100 927	Open 24hrs
42	Nyeri 2	Nyeri	Ground Floor Sunquest House & Hotel Building	0780 328 454	Monday - Saturday: 9am - 6pm
43	Ol' Kalou	Nyandarua	Datum House, Ol Kalau Town	0780 622 554	Monday - Saturday: 9am - 6pm
44	Pipeline	Nairobi	Hamza Apartments, Pipeline Estate off Outer Ring Road	0786 412 321	Monday - Saturday: 8am - 8pm
45	Siaya	Siaya	Opp Siaya District Hospital, Siaya Town	0780 622 616	Monday - Saturday: 9am - 6pm
46	Moi Avenue	Nairobi	Stanbank House Along Moi Avenue	0786 412 306	Open 24hrs
47	Teleposta	Nairobi	Teleposta Plaza, Koinange Street, near GPO Huduma Centre	0786 412 734	Monday - Friday: 8am - 8pm Saturday & Sunday: 9am - 6pm
48	Thika	Kiambu	KRA Building, Thika Town	0780 100 925	Monday - Sunday: 8am - 8pm, Public holidays: 9am to 6pm
49	Umoja	Nairobi	Bee Centre, Spine Road	0780 100 139	Monday - Saturday: 9am - 6pm
50	Webuye	Bungoma	T-Junction Road	0780 100 018	Monday - Saturday: 9am - 6pm
51	Wote	Makueni	Wote Nasa Building, Wote Town	0786 412 420	Monday - Saturday: 8am - 8pm
1	Juja Mall MC	Kiambu	Ground floor of Juja City Mall, Kalimoni, Thika-Nairobi Highway	0722 745 722	Monday - Saturday: 9am - 6pm
2	Kawangware MC	Nairobi	Dagoretti South CDF, Naivasha Road, Opposite Shell Petrol Station, Nairobi City	0722 745 813	Monday - Saturday: 9am - 6pm
3	Kilifi MC	Kilifi	Next to Gakala Driving School, Kilifi Malindi Highway	0748 589 516	Monday - Saturday: 9am - 6pm
4	Malindi MC	Kilifi	Ground Floor FN Plaza, Causerina Road CBD	0799 517 047	Monday - Sunday: 8am - 8pm
5	Mega City MC	Kisumu	Mega City Mall, Kisumu	0797 106 678	Monday - Saturday: 9am - 6pm
6	Meru MC	Meru	MIK Building, along Kirukuri Street	0780 622 557/ 0790 546 587	Monday - Friday: 8am - 8pm Saturday & Sunday: 9am - 6pm
7	Mumias MC	Kakamega	Old Barclays, Opposite KCB	0799 427 874	Monday - Saturday: 9am - 6pm
8	Nakuru MC	Nakuru	George Morara Road, next to CMC Motors from Kenol Petrol Station, Nakuru (Near Westside Mall)	0717 118 737	Open 24hrs
9	Narok MC	Narok	Ground Floor Ol'talet Mall, CBD, Narok	0790 546 557	Monday - Friday: 9am - 6pm Saturday & Sunday: 9am - 6pm
10	Thika MC	Kiambu	Thika Ananas Mall	0797 106 685	Monday - Saturday: 9am - 6pm
11	Westlands MC	Nairobi	Waumini House, Ground Floor, next to The Mall, Westlands	0780 100 013	Monday - Saturday: 7:30am - 7:30pm

Ed. Feb, 2024

Our Partners

Cash Payment via Mpesa

 NHIF	 UAP	 Kenya Power & Lighting Company
 Teachers Service Commission under MINET Insurance	 Madison Insurance	 Kenya Revenue Authority
 National Police Service	 MTN Insurance	 Allterrain Tsebo Solutions
 AAR Insurance	 Pacific Insurance Brokers	 Dinlas Pharma (EPZ)
 APA Insurance	 Pacis Insurance	 KETEP - Kenya Tea Packers
 Minet Insurance Brokers	 Trident Insurance	 G4S Security Services
 Britam General Insurance Britam Micro Insurance	 Pioneer Insurance	 Kenya Airports Authority
 CIC Insurance	 Sedgwick Insurance Brokers	 MUA Insurance Kenya Limited
 First Assurance	 Simlaw Seeds	 Clarkson Insurance Brokers
 Heritage Insurance	 Medical Administrators Limited	 Promed Healthcare Administrators
 Kenbright Insurance	 Healthier Kenya	 Monarch Insurance
 Kenindia Assurance	 IAA Healthcare - Juba	 Zamara
 Kenyan Alliance	 Macly Insurance Brokers	 Liberty Life Assurance Ltd
 Laser Insurance Brokers	 Cooperative Bank	 Geminia Life Assurance Ltd
 Lucent Insurance	 Central Bank of Kenya	 Naivas Limited
 GA Insurance	 Forza Consultants Limited	 Castor Vali Africa Limited
 Liaison Insurance Brokers	 Equity Bank	 SASA Doctors
 KENGEN	 DIASPOCARE	 PONEA
	 NIBS	 Carepay



Contact Us

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